



The Alberta Fish & Game Association

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Barbless hook position paper

- **The use of barbless hooks**
- **The Alberta angler is required by regulation to use barbless hooks. This includes hooks that have the barb pinched back to the shaft of the hook as per the definitions in the regulation summary.**
- **We encourage all Alberta anglers to obey all fishing regulations at all times.**
- **The use of barbless hooks does make releasing fish easier and this should be less stressful for the fish reducing catch and release mortality.**